

BIO SCULPTURE GEL HANDS AND FEET

Choose from a variety of semi-permanent colours from Bio Sculpture. We specialise in attention to natural nail health and perfect application.

Gel Overlay	R350
French Overlay	R380
Acrylic dip with Gel overlay	R380
Bi-Oly Gel	R400
Gel Tips	R400
Builder Gel	R400

Pedicure + Gel	R350
Basic Pedicure (No Gel)	R280
Summer Heel Pedicure + Gel	R450
Spa Pedicure	R380
Express Pedicure (No Massage)	R250
Gel Toes	R180

Spa Manicure	R280
Express Manicure (No Massage)	R220

Mani & Pedi Combo + Gel	R650
Mani & Pedi Combo (No Gel)	R500

Gel Soak (Only if previously not done at Etadi)	R90
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Nail Repair (Only if previously not done at Etadi)	R60
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Add on: Paraffin Wax to any Hands & Feet treatment	R150
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BROW & LASH THERAPY

Tinting	
Eyelash Tinting	R100
Eyebrow Tinting	R100
Eyebrow Wax & Tint	R200
Full Program	R220
Includes Brow shape, brow & lash tint	
Lash lift & Brow Combo	R550
Lash lift & Tint	R450
Brow Lamination	R350
Henna Brows	R350

RETREATS

Welcome drinks Included.

1/2 Day Retreat	3 1/2 Hours	R1000
Steam room session, Back neck and shoulder massage, Indian Head massage, Spa Pedicure, Light lunch.		

Relax Day Retreat	5 Hours	R1500
Steam room session, Therapeutic massage, Spa Manicure & Pedicure, Indian Head Massage, Light lunch.		

Deluxe Day Retreat	6 Hours	R2000
Steam room session, Body Exfoliation and Wrap, Spa Manicure & Pedicure, Absolute Face & Body, Light lunch.		

LET US HOST YOU

(Parties of not more than 10 people)

Spoil your loved ones and tailor make your event!
Choose from any of our retreats or treatments, add steam room session, add a light lunch.

Your wish is our command!

Birthday Parties
Tiny Tots (Age 4 –12yrs)
Teen Treats (Age 13–16yrs)
Bridal Parties
Bachelorettes
Corporate Getaways
Girls Team Building
Yearend Functions

Contact us to discuss how we can make your
Event Special!

etadi

WELLNESS CENTRE

love yourself, value yourself

An Aesthetic & Beauty Spa

At Etadi, our mission is to curate experiences that inspire you to love and value yourself. We provide a sanctuary where you can breathe, reconnect, and restore your personal commitment. We believe every day offers a fresh start, and we invite you to our tranquil environment to pause, rewind, and restart. Whether you enjoy a glass of bubbly or a quiet cup of coffee, this is your time to be pampered and truly relax

Etadi Wellness Centre | 28A 5th Street | Ladybrand
cell 078 244 1770 | reception@etadi.co.za
Follow us  

MASSAGES

We use a Swedish massage foundational therapeutic technique designed for body relaxation, stress reduction and increase blood circulation.

Back, Neck & Shoulder Massage	30min	R300
	45min	R450
	60min	R550
Back of Body Massage	45min	R450
	60min	R550
Full Body Massage	60min	R630
	90min	R720

Bellabaci Massage

Bellabaci cups are designed to effectively relieve tight muscles, digestive disorders, joint pain, cellulite, stress, anxiety, headaches, stretch marks, spider veins and regenerate aging skin.

Back, Neck & Shoulder	30min	R350
	45min	R500
	60min	R600
Full Body Massage	60min	R650
	90min	R750

Deep Tissue Massage

Back, Neck & Shoulder	30min	R350
	45min	R500
	60min	R600
Full Body Massage	60min	R650
	90min	R750
Muscle Detox / Sport Massage	30min	R450
	45min	R600
	60min	R750

Hot Stone Massage

Hotstone massage is a specialist massage where the therapist uses smooth, heated stones from basaltic, volcanic rock with Authentic benefits

Back, Neck & Shoulders	30min	R400
Back of Body	45min	R550
Full Body	60min	R750

Warm Soy Candle Massage

Soya Candle Massage uses specialised candles made from skin safe soy wax butter and oils that melt at low temperatures to create a warm moisturising and therapeutic massage oil ideal for dry skin.

Back, Neck & Shoulders	30min	R400
Back of Body	45min	R550
Full Body	60min	R750

MASSAGES

Etadi Indian Head Massage	30min	R270
Etadi tailor made relaxing head massage including Arms		

Etadi Foot Ritual	30min	R250
Etadi tailor made relaxing foot scrub and massage		

Reflexology		R250
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Aromatherapy Massage

At Etadi we use Lilian Terry Formulation that includes essential oils, homeopathic remedies and natural carrier oils. These oils applied through massage facilitate rapid penetration into the skin and activating cell receptors for immediate therapeutic effect.

Back, Neck & Shoulders	30min	R450
Back of Body	45min	R650
Full Body	60min	R850

Lymphatic Full Body Drainage

Lymphatic drainage is a gentle rhythmic massage techniques that stimulates the movement of lymph fluid to reduce swelling, improve circulation, and aid in the removal of metabolic waste from tissues and assist in immune system support.

Consultation with the Somatologist includes a 45min treatment		R550
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G5 Massage Treatment

G5 treatment is a deep mechanical vibration massage that breaks down fatty tissue, reduces cellulite and improves blood circulation. It improves Lymphatic drainage to flush toxins eases muscle tension/fatigue and boosts metabolism, heading to firmer more toned and flexible skin. Require 6 – 12 sessions for best results.

Full body	60min	R800
Legs	45min	R450
Stomach	15min	R200
Arms	15min	R200
Back	30min	R300

Add on: Etadi Indian Head Massage or Foot Ritual to any Treatment for R200/Person

IPL + ND YAG + DIODE LASER

Between brows	R80
Chin / Upper Lip / Cheeks	R220
Naval to Bikini Line	R180
Under Arm	R150
Half Arm	R400
Full Arm	R500
Half Leg	R600
Full leg	R800
Bikini	R400
Brazilian	R500
Hollywood	R600
Extended Hollywood	R700
Back	R850
Tattoo Removal	R250 – R1000
Depending on size and colour of tattoo	
Skin Rejuvenation Facial	R600
Carbon Facial	R600

WAXING

Full leg	R250
Half leg	R200
Bikini	R150
Brazilian	R250
Hollywood	R350
Under Arm	R100
Full Face	R250
Back	R250
Chest	R200
Arm	R200
Full Body	R830
Lip/Chin	R100
Brow Wax	R100
Extended Bikini	R200

THE FACE

Etadi's tailor made facial, cleanses, exfoliates and masks, also includes head, foot and arm massage.

Take Note: Active Treatment Include's a head, foot, arm massage as well as Brow Shaping and Tint

Skin Therapy

BASIC FACIAL ————— **60min** ————— **R495**



ACTIVE REJUVENATE TREATMENT ————— **60min** ————— **R720**

An active yet gentle and safe treatment that assists with dermal rejuvenation

SMART MICROPEEL TREATMENT ————— **60min** ————— **R630**

A unique and gentle peel that rejuvenates and exfoliates the skin, simultaneously controlling inflammation and restores the skin microbiome

THERMAL DETOX TREATMENT ————— **60min** ————— **R630**

A detoxifying and exfoliating treatment with a thermo-sensory mechanism improving oxygenation

7.5% TCA TREATMENT ————— **60min** ————— **R770**

An advanced, superficial resurfacing treatment improving skin texture and appearance

35% GLYCOLIC TREATMENT ————— **60min** ————— **R770**

An advanced superficial resurfacing treatment improving skin texture and appearance

MICRONEEDLING ————— **90min** ————— **R1200**

A specialised rejuvenating treatment, promoting collagen remodelling and skin firmness

DERMAPLANING EXPRESS ————— **45min** ————— **R485**

DERMAPLANING ADVANCE ————— **60min** ————— **R690**

A cosmetic procedure that removes the top layer of skin. Aims to improve fine wrinkles and deep acne scarring, resulting in a smooth skin surface.



CATHEPYME TREATMENT ————— **60min** ————— **R495**

Improves the smoothness and texture of skin due to even exfoliation, exfoliates without disrupting the skin barrier

ALCHEMY TREATMENT ————— **60min** ————— **R700**

An advanced treatment that targets skin aging, fine lines, and cellular damage at a deep, biological level.

RANGE OF CHEMICAL PEELS

Upon assessment we establish the peel most suited to your individual skin

Lacti Firm Peel 30/10 ————— **60min** ————— **R650**

Lacti Firm Peel 90/10 ————— **60min** ————— **R700**

A gentle yet effective peel designed to boost skin hydration, glow and overall radiance. Ideal for improving texture and moisture levels.

Beta Peel 15% or 20% ————— **60min** ————— **R740**

A powerful peel that removes hyperpigmented cells while reducing melanin production

Beta Peel Plus 15% or 20% ————— **60min** ————— **R690**

A highly effective anti-inflammatory peel that helps clear congested, acne-prone skin

Synergy Peel ————— **60min** ————— **R740**

A powerful, low downtime inflammation peel that combines deep exfoliation with profound dermal rejuvenation.

Professional Alpha Peel 20% ————— **60min** ————— **R740**

The gold standard for treating fine lines and uneven pigmentation. A series of 4-6 treatments helps improve skin elasticity and texture

Rice Bran AO ————— **60min** ————— **R680**

A fast, antioxidant-rich treatment that lightly resurfaces the skin while delivering Ferulic Acid for brightening benefits.

AzeAc Peel ————— **60min** ————— **R750**

Peel has been formulated for adult acne and more specifically the type of acne that causes large nodule-like lesions on the jawline and under the chin

Resistore & Retistore Plus ————— **60min** ————— **R1050**

These gentle only, yet highly effective peels accelerate cell turnover to restore youthful skin with minimal downtime

NOVA Facial Treatment ————— **90min** ————— **R1200**

Specialises rejuvenating Microneedling treatment that improves collagen production, fine lines, sun damaged skin, uneven texture, superficial scarring, and restore volume, elasticity, tightness and plumpness

NTRYMED Facial ————— **60min** ————— **R495**

Includes a Mask:

Collagen – Nourishing
Detox – Rebalancing
Vita C – Radiant & Rejuvenation
Hydro – Hydrating & Soothing

Dr SCHRAMMEK GREEN PEEL

The **GREEN PEEL** methods are unique in that a combination of 8 carefully selected herbs are massaged into the skin, each herb has a benefit which treat the skin. Green Peel leaves the skin at optimal health, refreshed and pure.

Green Peel Fresh-Up ————— **60min** ————— **R750**

Illuminate your skin. Anti-aging and revitalising

Green Peel Energy ————— **60min** ————— **R950**

Stimulate your Skin. Anti-aging and problem solving

Green Peel Classic ————— **60min** ————— **R1400**

Renew you skin. Mainly reserved for the body or intense skin rejuvenation, correcting stretch marks and discolouring

Green Peel Hair Boost treatment ————— **60min** ————— **R1500**

Treats hair loss and thinning of hair, promote healthy and thick hair

Green Peel Finish Facial ————— **60min** ————— **R650**

Ideal to do 7 days post Classic Peel treatment, provides a glowing complexion hydrated and nourished skin with balanced oil

Add on: Extractions to any Facial ————— **R80**

Special add on's to any Active treatment, ask advice from your therapist.

FACE & BODY THERAPY

All face & body therapy includes a welcome touch foot Ritual and drink

Spa Taster ————— **70min** ————— **R700**

A relaxing massage, starting at the feet, slowly working up the back of body, concentrating on the major stress areas, combined with a 30min facial, ending in a relaxing neck and scalp massage.

Absolute Face & Body ————— **100min** ————— **R1050**

By using relaxing massage techniques, stress is gently eased away. We incorporate an aromatic facial and complete the treatment with a rejuvenating scalp massage

Dead Sea Mud Wrap & Massage ————— **105min** ————— **R950**

Spoil yourself by exfoliating the entire body with salt from the Dead sea and cocooning in Dead Sea mud, followed by a full body massage + Free Steam Session

Body Exfoliation & Massage ————— **75min** ————— **R750**

Exfoliation of the entire body, followed by full body massage. Targets poor circulation, toxin build-up and water retention, + Free Steam Session

Steam Room Session ————— **R180/p/p**

Add on: Steam Room Session to any Treatment ————— **R100/p/p**

Add on: Light lunch and steam room session ————— **R250/p/p**

Spray Tan

Spray Tan Full Body ————— **R350**

Specific Area ————— **R170**

GENTS TREATMENTS

Gents Facial	60min	R560
Gents Manicure	30min	R250
Gents Pedicure	45min	R300
Gents Combo (Facial, Mani & Pedi)	90min	R1000
Gents Nail Cut Only		R200
Gents Back Wax		R300
Gents Chest Wax		R250
Gents Nose Wax		R100
Gents Ear Wax		R100

TEEN TREATMENTS



Skin Mini Facial	15min	R250
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A gentle professional treatment designed for young skin ages 6 – 10 years old. Focuses on light exfoliation and hydration.

Skin Tween Clean	20min	R300
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A gentle professional treatment designed to provide balance and clarity for teens ages 10 – 13 years old focuses on light exfoliation and deep cleansing of the skin

Skin Clear Confidence Reset	30min	R380
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A gentle professional treatment designed for teens skin in transition, suitable for ages 13 – 20 years old focuses on light peel and purifying of the skin.

Add on: Extractions to any TEENS Treatment		R80
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Mini Mani	30min	R140
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Mini Pedi	30min	R150
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Fairy Back Massage	15min	R160
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Mini Spa Taster	45min	R370
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A relaxing express back massage, combined with an express facial including cleanse and mask ending with a mini head massage

MOMMY & ME (2–8 Years)

Mommy & Me Nails & Toes		R350
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Mommy & Me Massage	30min	R400
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BIRTHDAY PARTIES

Prices On Request. Includes Cupcakes & Drinks

Tiny Tots (4–12 Years)

Teen Treats (13–16 Years)